

WV Northern Community College  
High School College Transition Initiative  
College 101

The West Virginia State Community College System started an innovative College Transition Initiative for comprehensive high schools and career technical education centers. The project is funded by the West Virginia Legislature and the intent of the initiative is to assist selected high school students with preparation for post secondary education; to give students the extra help needed with core classes; to increase the number of students obtaining an associate degree; to increase the number of students who have the opportunity to obtain college credit while still in high school; to increase the number of high school students who make informed decisions about career goals; and to develop a time shortened/cost saving model for college students. West Virginia Northern Community College has partnered with the Northern Panhandle County School Systems through the Northern WV District Consortium to offer the classes. Students taking the class and successfully completing the state developed college orientation curriculum receive three hours of college credit through WV Northern Community College at no cost to the students. All books and materials are supplied. Students successfully completing the College 101 class establish a WVNCC transcript while still in high school. College 101 classes have been held at Brooke, Wheeling Park, John Marshall, and Cameron High Schools since inception of the initiative. Over forty high schools / career tech centers in West Virginia participate each year with the College 101 initiative.

And Middle High (Middle College)  
School

Instructor: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

## COURSE DESCRIPTION

**College 101** is a college success and orientation course designed to develop confidence and improve chances of student success and retention. This course will provide students with active participation in the assessment and development of abilities in line with college expectations including an orientation to college services and activities, learning and test taking skills, using traditional and electronic resources, problem solving, people skills, self-management skills, and career/life planning strategies. The College 101 course is a 3 hour credit course for high school students.

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**TEXT:** Focus on Community College Success, Second Edition, by Constance Staley

## CORE STUDENT COMPETENCIES

1. Communicate articulately in speech and writing.
2. Think critically about issues, theory, and application.
3. Use effective human relationship skills to work in a diverse society.
4. Function effectively and positively in a team environment.
5. Use library print and electronic resources for literature research.
6. Use computational skills to solve problems, manipulate and interpret numerical data, and communicate data in a logical manner.
7. Employ fundamental principles of scientific knowledge to practical situations.
8. Use computer technology to organize, access, and communicate information.

## COLLEGE 101 LEARNING OUTCOMES

Students will:

1. Explore career and college opportunities, options, and pathways.
2. Assess personal and work attributes (values, interests, skills, aptitudes).
3. Explore the role of information technology in future jobs.
4. Prepare an education/career pathway.
5. Assess math and English (writing and reading) skills.

6. Determine a pathway to be prepared and eligible for the first college-level math and English courses upon graduation.
7. Assess and adopt success attitudes.
8. Learn student expectations in the college course and classroom.
9. Assess and adopt self-management skills including:
  - *goal setting and achievement*
  - *self-motivation*
  - *self-discipline*
  - *managing money*
10. Learn effective time management strategies
11. Develop appropriate scheduling strategies.
12. Explore college and community services including:
  - *tutoring, counseling, career services*
  - *health and wellness services*
  - *recreation, sports, theatre, and other campus activities*
13. Explore how the brain learns.
14. Develop college-level learning strategies including:
  - *concentration and memory*
  - *reading to learn*
  - *math and science comprehension and retention*
  - *taking "study-ready" notes*

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15. Assess learning styles.
16. Develop alternate learning styles for school success.
17. Learn test preparation strategies.
18. Learn test-taking strategies for different test styles.
19. Learn ways to combat test anxiety.
20. Receive an orientation to the college core competencies (general education learning outcomes).
21. Learn basic steps to effective writing for school/college assignments (with work simulation applications).
22. Learn and apply critical thinking strategies including:
  - *problem solving*
  - *decision making*
  - *critical reading*
  - *thinking critically about the media*
23. Explore Internet uses for research and learning including:
  - *search tools*
  - *Internet safety*
  - *evaluating Internet resources*
  - *effective Internet research and proper citation*
  - *e-mail etiquette*
  - *use of discussion boards*
24. Learn how to locate and use a variety of traditional and electronic library resources.
25. Learn techniques to prepare and make effective oral presentations.

26. Understand and develop relationships with people in a diverse community.
  27. Learn ways to dismantle prejudicial attitudes and discrimination.
  28. Learn and adopt effective human relationship skills including:
    - *assertive communication*
    - *facilitative communication*
    - *conflict resolution*
    - *anger diffusion/dealing with anger*
  29. Learn job acquisition skills including:
    - *composing/constructing a resume and cover letter*
    - *developing a portfolio*
    - *completing job application forms*
    - *preparing for the job interview*
    - *conducting on-line job search and application*
    - *networking*
  30. Receive an orientation to state and federal financial aid and scholarship opportunities for college.
  31. Receive a College Campus orientation.
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## **CHAPTERS**

- Chapter 2: Building Dreams, Setting Goals
- Chapter 3: Learning about Learning
- Chapter 4: Managing Your Time, Energy and Money
- Chapter 5: Thinking Critically and Creatively
- Chapter 6: Developing Technology, Research, and Information Literacy Skills
- Chapter 7: Engaging, Listening, and Note-Taking in Class
- Chapter 8: Developing Your Memory
- Chapter 9: Reading and Studying
- Chapter 10: Taking Tests
- Chapter 11: Building Relationships
- Chapter 12: Choosing a College Major and a Career
- Chapter 13: Creating Your Future
- Chapter 1: Getting the Right Start